



in-room spa service
by westin

Body Glow

First, a gentle exfoliation of your whole body. Next, a deliciously relaxing, gentle massage with specially formulated oils and creams. Your skin will feel velvety soft and totally rehydrated.

€62.50

Indian Head Massage

An ancient massage technique based on the Indian Ayurvedic healing system. This massage which covers shoulders, neck, face and head, involves working with a strong but gentle rhythm helping to relieve blockages.

€50.00

Swedish Massage

An oil massage employing five types of manipulation. Long strokes, kneading, deep circular movements, tapotement and vibration. It induces relaxation, promotes circulation and relieves tension. A Swedish massage is immediately pleasant and relaxing.

€81.25

Aromatherapy Massage

Combines the traditional kneading style of massage with a wealth of goodness contained in essential oils. The pressure tends to be lighter than other massages allowing the oils to do much of the work. Essential oils are known to have many positive effects on the mind and body through absorption and inhalation. Oils are selected to suit each client's individual needs.

€100.00

Deep Tissue Massage

Works through muscle tension layer by layer, reaching deeper muscles where pain and tension may be released. This deep massage may be intense and a little painful at first, but the effected areas will heal more rapidly resulting in a feeling of general wellbeing.

€81.25

Back, Neck and Shoulder Massage

25mins of Swedish or Deep Tissue massage on the upper body.

€62.50

Dial 5597 for more details

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HOTELS & RESORTS